SILVER SPRING EYE, LLC
THOMAS YAU MD LLC
ARUSHA GUPTA MD
Eye Physicians and Surgeons

8630 Fenton Street Suite 514
Silver Spring, Maryland 20910

What to Expect the Day of Cataract Surgery

Thanks to advancements in cataract surgery technique, modern vision restoration procedures are comfortable and amazingly fast. Surgery is a matter of minutes, not hours, and because general anesthesia is no longer necessary, the procedure is safer than ever and recovery is far easier.

You will arrive at the surgery center approximately 1 hour before your surgery. The staff will bring you to the pre-operative area where the consent will be checked and eye confirmed. You'll receive eye drops to dilate your pupil and prevent infection and inflammation after surgery. An IV will also be placed so anesthesia can be administered in the operating room and EKG leads will be placed.

When the surgeon is ready for you, you'll be escorted into the operating room.

- Your eye will be numbed with a topical anesthetic administered as an eye drop. You will be given short-acting sedation through an IV that will keep you calm and comfortable during the procedure. You will be awake and aware of your surroundings but you will not be able to see or feel pain.
- You will be attached to a heart rate monitor. Only the eye that is undergoing the operation will be exposed. The remainder of your face will be covered in a drape.
- The doctor will begin by making a tiny incision in the cornea or the front of the eye. A small ultrasonic tool is then placed in the eye to break up and remove the cataract. A new IOL that is chosen for your eye based on the pre-operative measurements is then inserted in your eye. Stitches are often not needed because the incision is so small. The procedure only lasts about 15 to 30 minutes. During the procedure, you might be aware of the surgical team around you and instrument noises.
- At the completion of the surgery, the doctor will place a shield to cover the eye; this bandage is removed after you go home or the next morning as instructed to you by your surgeon. You can be driven home after a short recovery period.

Our caring staff will answer any questions you may have and address your concerns. Call us today to schedule your cataract consultation with Drs. Yau and Gupta.